

## ABSTRACT

A flexible carry bag for the transport and consumption of fluid by an individual, the flexible carry bag defining a receptacle for a flexible bladder formed of flexible resilient plastic such as polyethylene having a closure means at one end and pre-filled with the fluid, this flexible bladder insertable within the flexible carry bag such that its closure extends out of said carry bag, carry bag having a closure to allow access thereto by the user, the flexible carry bag having a strap or clip for the transport of the flexible bladder and flexible carry bag by the user.